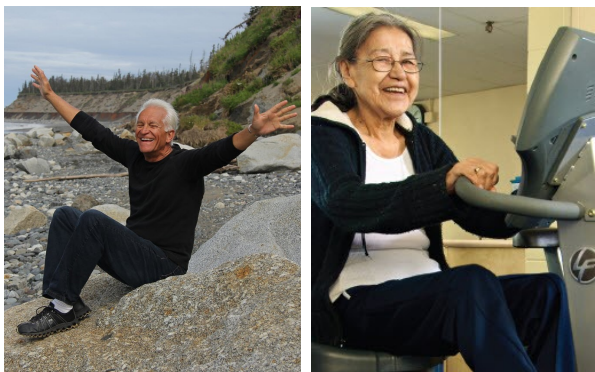


TENANT RESOURCE PROGRAMS

Living Well at **55+**

Tenant Resource Programs are designed for adults 55+ living in elderly persons housing complexes. The tenant resource coordinator develops and coordinates a service plan for the tenants of the building and/or for a collection of housing complexes to support living in the community.

The programs and services delivered include such things as grocery shopping, transportation, errands, advocacy, information and referrals, electronic surveillance check, friendly visiting, income tax, housekeeping, translation, filling out forms and health clinics.



| | | |
|---------------------------------------|-----------------------------------|--------------|
| 60 Chesterfield Inc. | 60 Chesterfield Ave. | 204-945-5042 |
| 145 Powers Inc. | 145 Powers St. | 204-945-2187 |
| 529 Country Club Inc. | 529 Country Club Blvd. | 204-783-9918 |
| 601 Osborne Inc. | 601 Osborne St. | 204-453-8302 |
| Arlington Haus | 880 Arlington St. | 204-783-9918 |
| Autumn House | 790 Wellington Ave. | 204-783-9918 |
| Bethania Haus | 1060 Kimberly St. | 204-654-5060 |
| Bethel Place | 445 Stafford St. | 204-284-3762 |
| Canadian Polish Manor | 300 Selkirk Ave. | 204-582-4435 |
| Donwood Manor Elderly Persons Housing | 165 Donwood Dr. | 204-668-4410 |
| Fort Garry Rotary Villa | 528 Hudson St. | 204-284-7228 |
| Fred Douglas Apartments | 1280, 1290, and 1286 Aberdeen St. | 204-995-3722 |
| KeKiNan Centre | 100 Robinson St. | 204-582-0439 |
| L'Accueil Colombien | 200 Masson St. | 204-233-0501 |
| Lindenwood Manor | 475 Lindenwood Dr. E | 204-475-9990 |
| Lions Manor | 320 Sherbook St. | 204-784-1240 |
| Lions Place | 610 Portage Ave. | 204-784-1210 |
| Lions View | 311 Furby St. | 204-784-1210 |
| Manitoba Housing | 125 Carriage Rd. | 204-945-8305 |
| Manitoba Housing | 269 Dufferin Ave. | 204-945-1058 |
| Manitoba Housing | 515 Elgin Ave. | 204-945-0749 |
| Manitoba Housing | 875 Elizabeth Rd. | 204-945-5042 |
| Manitoba Housing | 170 Hendon Ave. | 204-945-1627 |
| Manitoba Housing | 444 Kennedy St. | 204-945-1263 |
| Manitoba Housing | 101 Marion St. | 204-792-0197 |
| Manitoba Housing | 340 Princess St. | 204-945-0749 |
| Manitoba Housing | 555 Elice Ave. | 204-945-1058 |
| Manitoba Housing | 22 Strauss Dr. | 204-945-1627 |
| Middlechurch on the Red | 260 Balderson Rd. | 204-336-4126 |
| Place des Meurons | 400 des Meurons St. | 204-237-7505 |
| Pembina Place | 285 Pembina Hwy. | 204-478-7953 |
| Villa Cabrini | 433 River Ave. | 204-284-2880 |
| Westlands Co-op | 50 Oddy St. | 204-995-3722 |
| Willow Centre | 61 Tyndall Ave. | 204-632-5940 |

